



Declutter Challenge 2026

Day 5: Patterns

A quilting pattern is a small celebration—where patience becomes joy, and scraps of imagination are stitched into something beautiful.

Today's question: Is this worthy of my space?

- ☐ Step 1: Set Your Timer Choose 10, 15, or 30 minutes. Stop when the timer ends.
- ☐ Step 2: Define Your Capacity
- ☐ Step 3: Declutter (any pattern that you have made, put aside for tomorrow)
- ☐ Step 4: Remove The Excess From Your Space
- ☐ Step 5: Your Time to Share: Take a photo or make a note of what you accomplished.
Share on social media or with those who support you.

Reflection

What surprised me today?

What felt easy?

What was hard?