



Declutter Challenge 2026

Day 6: Archives

Our past is not a place we live, but a story we carry, shaping who we become each day forward

Today's question: What do I actually need to keep to preserve this memory??

- ☐ Step 1: Set Your Timer. Today's challenge is not about speed but we do need limits.
- ☐ Step 2: Define Your Capacity. Choose a non-prime location.
- ☐ Step 3: Declutter
- ☐ Step 4: Remove The Excess From Your Space
- ☐ Step 5: Your Time to Share: Take a photo or make a note of what you accomplished.
Share on social media or with those who support you.

Reflection

What surprised me today?

What felt easy?

What was hard?